

**Common Name:** Aloe vera

**Scientific Name:** *Aloe barbadensis miller*

**Uses:** It has long been known as a treatment for sores, particularly burns, including sunburns.

**Common Name:** Garlic

**Scientific Name:** *Allium sativum*

**Uses:** Garlic is used for many conditions related to the heart and blood system. These conditions include high blood pressure, low blood pressure, high cholesterol, coronary heart disease, heart attack, reduced blood flow due to narrowed arteries.

**Common Name:** Pumpkin blossom

**Scientific Name:** *Cucurbita sp*

**Uses:** Bone Formation, Enhances Immunity, Treatment of the Common Cold, Male Infertility, Ensures Healthy Eyes

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Ministry of Agriculture & Fisheries

**PUBLIC GARDENS DIVISION**



**Medicinal**

uses of  
*Plants*

**Common Name: Mangosteen**

**Scientific Name:** *Garcinia mangostana*

**Uses:** Mangosteen is used for diarrhea, urinary tract infections (UTIs), gonorrhea, menstrual disorders & cancer

**Common Name: Velvet Apple**

**Scientific Name:** *Diospyros blancoi*

**Uses:** Velvet apples improve heart health, increase circulation, clear skin irritation, build strong bones, boost the immune system & lower blood pressure

**Common Name: Nasturtium**

**Scientific Name:** *Trapaeolum sp*

**Uses:** All parts of the plant seem to have strong antibiotic and antimicrobial properties, promoting the formation of red blood cells & urinary tract infections

**Common Name: Raspberry**

**Scientific Name:** *Rubus sp*

**Uses:** Raspberries prevent or reduce the risk of chronic diseases including cancer and heart disease.

**Common Name: Bird pepper**

**Scientific Name:** *Capsicum frutescens*

**Uses:** It can be used to treat strokes, heart attack, arthritis, rheumatism and backaches.

**Common Name: Marigold**

**Scientific Name:** *Tagetes sp*

**Uses:** Marigolds are highly useful for medicinal purposes such as headaches, toothache, swelling, and strengthening the heart.



Mangosteen



Velvet Apple



Nasturtium



Raspberry



Bird pepper



Marigold



Aloe vera



Garlic



Pumpkin blossom